

Indigenous Fusion

Virtual Cooking Classes

with Chef David Wolfman



Visit www.cookingwiththewolfman.com



Love watching cooking on TV?
Watch Chef Wolfman cooking live
online instead!

Watch and Learn Classes explore a variety of dishes from Indigenous peoples using Indigenous ingredients from across the continent:

- Soups and stews using Indigenous large and small game meat and game birds (buffalo, pheasant, moose, deer, rabbit, etc.)
- Side dishes using Indigenous vegetables (squash, potatoes, beans, sunchokes, and other wild edibles)

Watch Chef Wolfman prepare Indigenous Fusion recipes from wherever you are, and ask him questions during the class. Try making his recipes afterwards on your own at home. All you need is a smartphone/computer, stable Internet connection, and an email address. These classes are suitable for small or large groups.





Cook Indigenous Fusion with the Wolfman! Beginners and experienced cooks welcome!



Hands-on Classes are live, practical, and limited to small groups. Prepare Indigenous Fusion dishes under Chef Wolfman's watch and instructional support. Ask questions as you go. All you need is the recipe, ingredients, kitchen, culinary equipment, a smartphone/computer and a stable Internet connection. Choose from any of the following class themes:



- Smoking game meat/fish

- Senior-friendly dishes

- Budget-friendly dishes



- Canning meat/fish

- Diabetic-friendly dishes

- Gluten-free cooking



- Game meat sausage making

- Kid-friendly dishes

- Meals for the freezer

- 10 ingredients or less

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